

Recovery Month—Fast Facts

Prevention and Recovery

2011

Statistics on Prevention and Recovery

- 80% of Americans have positive feelings about prevention and recovery from substance use disorders, 75% believe recovery is possible from addiction to highly abused substances.
- 67% of Americans believe that treatment and support can help people with mental illnesses lead normal lives.
- 70-90% of individuals with a mental health problem have significant reduction in symptoms and improved quality of life with treatment and support.
- Research shows that those who begin drinking at a later age are less likely to develop a substance use disorder than those who begin before age 21.
- Children who learn about the risks of drugs at home are 50% less likely to use drugs than those who are not taught about the dangers.
- Early geriatric screening and case management for mental health problems can result in significant decreases in institutionalization and death.
- Mental health intervention initiatives, including school-based programs that target cognitive, problem-solving and social skills of children and teens reduces depressive symptom levels by 50% or more, one year after the intervention.

Prevention Works

*Treatment is
Effective*

People Recover

Source:
SAMHSA Recovery
Month Toolkit
www.recoverymonth.gov

